

TO

THE CHAIRMAN OF THE SCIENTIFIC JURY FOR THE DEFENSE PROCEDURE OF A DISSERTATION PAPER FOR OBTAINING THE EDUCATIONAL AND SCIENTIFIC DEGREE "DOCTOR OF SCIENCES" WITH THE CANDIDATE ASSOCIATE PROFESSOR DR. STANISLAV HRISTOV SLAVCHEV FROM THE DEPARTMENT OF OBSTETRICS AND GYNECOLOGY AT THE FACULTY OF MEDICINE OF MEDICAL UNIVERSITY VARNA (ORDER No. P-109-406 OF 25.10.2022 OF THE RECTOR OF MEDICAL UNIVERSITY "PROF. DR. PARASKEV STOYANOV" - VARNA)

EXPERT OPINION

FROM

Associate Professor Angel Danchev Yordanov, Ph.D.

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AUTHOR OF THE DISSERTATION PAPER: Associate Professor Dr. Stanislav Hristov Slavchev

DISSERTATION TOPIC: Enhanced recovery after surgery protocol (ERAS – Enhanced recovery after surgery protocol) in gynecological surgery

Assoc. Prof. Dr. Stanislav Hristov Slavchev graduated from Medical University Varna in 1996. Since 2009, he has acquired the specialty Obstetrics and Gynecology, and since 2016 he has obtained a doctorate degree in: "Obstetrics and Gynecology"- "The role of radical hysterectomy with iliac and/or para-aortic lymphatic dissection for optimal cytoreduction in advanced epithelial ovarian carcinoma." From 1999 until 2008 is a resident physician at CSMP-Varna and the ICU room at St. Anna" - Varna. From 2008 until now, he has been an obstetrician-gynecologist at the Clinic of Gynecology at "St. Anna" - Varna.

His academic development includes the following

2012/2015 Medical University Varna - Full-time doctoral student at the Department of Obstetrics and Gynecology, specialty "Obstetrics and Gynecology"

09.2011/09.2015 - Medical University Varna - Assistant at the Department of "Obstetrics and Gynecology", specialty "Obstetrics and Gynecology"

Summer semester - 2016/2017 - Medical University Varna - Honorary lecturer at the Department of "Obstetrics and Gynecology", specialty "Obstetrics and Gynecology"

Winter semester 2017/2018 - Medical University Varna - Honorary lecturer at the Department of "Obstetrics and Gynecology", specialty "Obstetrics and Gynecology"

From 04.2018 to 12.2019 - Medical University Varna - Chief assistant at the department of "Obstetrics and gynecology", specialty "Obstetrics and gynecology"

From December 2019- present time - Medical University Varna - Associate Professor at the Department of Obstetrics and Gynecology, specialty "Obstetrics and Gynecology"

The concept of ERAS protocols in operative gynecology has been extremely popular in recent years. It is associated both with the faster recovery of patients and their return to a normal lifestyle, and with better therapeutic results in oncogynecology, due to the faster initiation of subsequent treatment.

The literature review is extremely detailed, up-to-date and the author very accurately describes the role of ERAS protocols in operative gynecology.

A clear objective was set: to evaluate the applicability and effect of the ERAS protocol in operative gynecology by auditing and reporting perioperative results. This goal has been fully achieved.

The study material included 121 patients who underwent some kind of surgical intervention for benign or malignant gynecological pathology.

Applied methods: qualitative, descriptive, surgical and statistical methods. All of them are well described, explained and illustrated.

The discussion ends with 11 conclusions, the most important of which is actually the preparation of an algorithm for the introduction and compliance with the ERAS protocol.

The dissertation ends with 8 contributions, three of which are of an original and applied-practical nature and 5 of which are of a confirmatory nature.

Conclusion: The presented dissertation is a multi-faceted and complex study, carried out using modern diagnostic methods and precise statistical processing based on performed operative interventions. Contributions of a scientific applied nature have been made. The volume and complexity of the dissertation material is completely sufficient and complies with the regulations for the development of the academic staff of Medical University Varna. The abstract fully and accurately reflects the dissertation work. I strongly recommend to the honorable members of the Scientific Jury in connection with the defense, to award the scientific and educational degree "Doctor of SCIENCES" to Assoc.Prof. Dr. Stanislav Hristov Slavchev

19.11.2022 г.

Assoc. Professor Angel Yordanov, Ph.D.

