

## OPINION

from

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By order of R-109-88/21.03.2024 of the Rector of MU-Varna and by decision of the FS (protocol N 18/11.03.2024) I am appointed to prepare an opinion as an internal member of the Scientific Jury on the announced competition in SG No. 7/23.01.24. for the acquisition of the academic position "Docent" in the specialty "Orthopaedics and traumatology", Professional direction 7.1 Medicine, in the field of higher education 7. Health care and sports at the Faculty of Medicine, Department of "Orthopaedics and traumatology", Medical University "Prof. Dr. Paraskev Stoyanov"-Varna, on the basis of Article 127, paragraphs 2 3 and 4 of PRAS.

For participation in the competition, documents were submitted to only one candidate, Dr. Nikolay Petrov Kolarov. For the competition, the candidate has submitted all the necessary documents in accordance with the requirements of the Law on the Development of the Academic Staff and the Regulations of the MU - Varna for its implementation.

### **I. Biographical data and career profile of the candidate**

Dr. Nikolay Petrov Kolarov was born in 1963. He graduated in medicine in 1989 at the Medical University of Varna. He works in the town of Popovo at the surgical department (11.1989-07.1991). In 1991 begins specialization in orthopedics and traumatology at the "St. Anna" Varna and acquired a specialty in 1997. In 2012, he was appointed as an assistant to the Department of Orthopedics and Traumatology at the Medical University - Varna. He was the chairman of the board and executive director of "St. Anna" Medical Center Varna (2015 - 2017). In 2017, he defended his thesis on "Unipolar endoprosthesis as a treatment option for femoral neck fractures in adult patients". Since 2018, he has been ch. assistant to the department. His work experience is currently 34 years and 3 months.

Member of the following organizations: BOTA and EFORT. He speaks English and Russian. He regularly participates in BOTA national meetings and congresses.

He has conducted specializations and courses in Bulgaria and the EU.

## **II. Assessment of learning and teaching activity**

Dr. Nikolay Petrov Kolarov, MD, has been actively involved in teaching and learning since March 1, 2012, as an assistant (2012-2018) and chief assistant from (2018-2023). His total teaching experience is 12 years.1m.

The attached academic report shows that the average annual study load (auditory and non-auditory) exceeds the required norm for non-qualified teachers at the University of Varna. He is actively and fully engaged in the teaching activity in the Bulgarian language training of medical students. Participates in the teaching of the disciplines "Orthopaedics and traumatology" for X-ray laboratory technicians at MK Varna and "Orthopedics and traumatology with orthotics and prosthetics" for rehabilitators at MK Varna. The total classroom employment of Dr. Kolarov for the period 2018/2019 – 2022/2023 is 1132 study hours. He is the scientific supervisor of two specialists in orthopedics and traumatology.

The above-mentioned facts give me reason to conclude that the candidate has the necessary professional experience and personal qualities to acquire JSC "Docent". The works submitted for participation in the competition, a total of 18 works, reflect the scientific research activity in the period 2012-2023. Distribution of the scientific works by type:

Habilitation thesis – 1 issue, monograph – 1 issue, publications in magazines and anthologies – 16 issues.

## **III. Evaluation of the candidate's scientific works**

According to the Regulations for the development of the academic staff at MU-Varna and Appendix 1, I accept the total number of scientific works that contain own scientific research and are published in Bulgarian and English, respectively (9 publications). The submitted publications have not been used in previous contests. In 60%, Dr. N. Kolarov dm is the sole or first author. According to Art. 125 (2), from PRAS in MU-Varna, the monographic work of Dr. N. Kolarov dm - "Therapeutic problems in orthopedic-traumatic geriatrics" ISBN 978-619-241-284-5, STENO Varna 2023 was published in volume of 130 pages. Includes data from own scientific research and is peer-reviewed by two qualified professors in the specialty. The monograph fully meets the legal requirements for this type of work and the requirements of the current competition. The candidate presents summaries of the monographic work in Bulgarian and English. A total of 8 citations are presented, one of which is in a refereed journal.

The contributions are scientific-applied and confirmatory. Dr. N. Kolarov dm has submitted registration in Google Scholar and ORCID, and publications with relevant citations are reflected in his scientific profile. (Academic reference 45/ 09.02.2024). In total, all the materials presented by the candidate generate a weight of 251 points, with which Dr. N.

Kolarov dm fully meets the set minimum scientometric requirements according to the national minimum scientometric requirements for occupying the academic position "associate professor" at MU-Varna, professional direction 7.1 medicine, according to which the competition is held and appendix 1 of the regulations for the development of the academic staff.

#### **IV. Therapeutic diagnostic activity**

The professional areas in which Dr. Nikolay Kolarov dm works are fractures of the musculoskeletal system in the area of the shoulder, wrist and hip joints in adult patients and the application of the multidisciplinary approach in their treatment. Current problems and significant challenges are included, such as timely diagnosis and treatment methods. Performs independently all complex and very complex operations in the field of operative orthopedics and traumatology. The candidate's surgical workload for the period 2020-2023. is 1,458 operations in the limb and pelvis area, of which over 30% are major and very major operations.

Dr. Nikolay Kolarov dm, is an orthopedic traumatologist with a good name and professional achievement who has earned the respect and trust of his patients. This gives him a reason to apply his skills in unipolar endoprosthesis in adult patients, but also increases the responsibility and the need to share and further develop his own professional experience, thus I sincerely hope to help in the development and training of young colleagues in this direction.

#### **V. Conclusion**

On the basis of the presented reference - self-assessment for the implementation of the national minimum scientometric indicators and his qualification, scientific-research, teaching-teaching and diagnostic-treatment activity, Dr. Nikolay Petrov Kolarov, d.m. fulfills the requirements for holding the competitive position.

This gives me the reason to vote with a positive vote and to suggest to the respected members of the Scientific Jury to support his choice for the academic position of "associate professor" in the field of higher education 7. "Healthcare and sports" by professional direction 7.1 "Medicine" and scientific specialty Orthopedics and Traumatology - 0.5 full-time position for the Department of Orthopedics and Traumatology, Faculty of Medicine and 1 full-time position for the Clinic of Orthopedics and Traumatology at Saint Anna Medical Center - Varna JSC, Dr. Nikolay Petrov Kolarov dm. to be elected associate professor of orthopedics and traumatology.

Date 10.04.2024

Varna

Assoc. Dr. Martin Barnev dm

Заличено на основание чл. 5,  
§1, б. „В“ от Регламент (ЕС)  
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